

## Jubilee Outreach Small Group Bible Study

### Test for True Repentance

Repentance is taken for granted by some Christians, thinking that it is automatic for them whenever they decide to confess something. However, the Bible indicates it is a gift from God. True repentance involves brokenness in a person, an awareness of a holy God, and the ugliness of one's sin. It involves taking full responsibility for what was done, a willingness to walk through the consequences, and a desire to undo any harm or injustice that may have occurred as a result of the sin.

Here are some questions that should help determine whether there is only sorrow or a true repentance.

1. Are you accountable or willing to be accountable to someone for the purpose of restoration?
2. Are you blaming anyone else in any way?
3. Are you justifying yourself in any way?
4. Are you willing to do anything within reason that may be necessary to make things right?
5. Are you willing to restore anything stolen?
6. Are you willing to go to the people you sinned against?
7. Are you overly concerned of what people may think or say about you and your sin?

Words of confession really don't mean anything. It is the genuine change or turn around that is the proof or fruit of repentance. So, time is needed to indicate whether there was only sorrow or actual repentance.